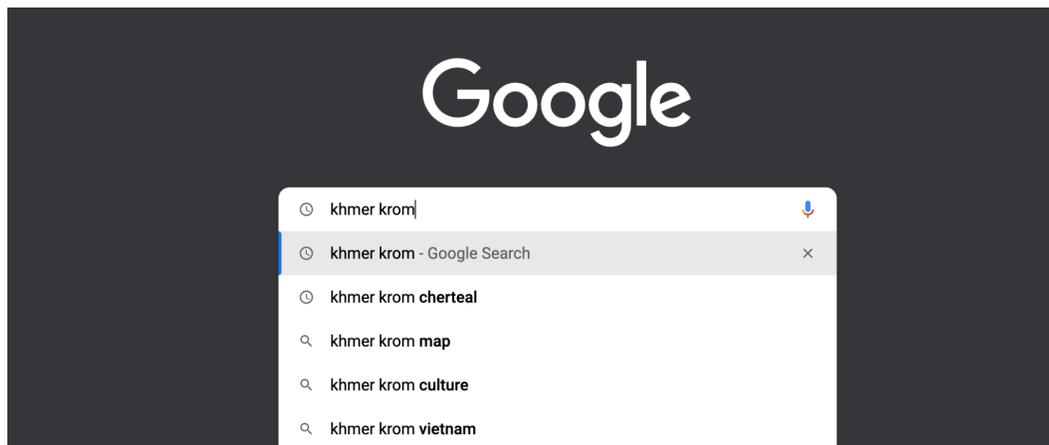


A Guide To Finding Your Khmer Identity

Hi! Thanks for downloading this guide. Here are six ways you can learn more about your Khmer identity:

1. Do Some Basic Research.

- a. Start by asking your parents or your relatives. Some questions may be:
What brought you here? Could you share some stories of when you were younger? It might be difficult at first to start a conversation, especially if your Khmer isn't great or their English isn't clear but try. Be prepared to listen and ask questions.
- b. Perform a Google search with the "Khmer" or "Khmer Krom" and see what comes up.



2. Visit a local Khmer Temple.

Search "khmer temples near me" and see what shows up. Khmer temples are a great place to meet new people and learn more about the Khmer festivals and traditions.

3. Join a Khmer youth group.

If you are young and looking for opportunities to meet new people, a youth group is ideal. Some youth groups may have dance classes or even traditional dragon boat racing. Check out your local Khmer associations or temples for more information.

4. Learn the Khmer language.

You may know some Khmer or none at all. It is okay. My Khmer was rusty but the more I volunteered for the community, the more confident I became in learning to write and speak Khmer. Some temples offer Khmer classes but you can also find them online. Check out this [review](#) on the five best apps to learn Khmer.

5. Be part of a Khmer Association, Community or Non profit Organization.

I was a writer for the Khmer Krom Network, helping to write articles that helped to bring focus and attention to the plight of the Khmer-Krom people. Volunteering for a community not only looks great on your resume, you get to meet new people, learn new skills and most importantly make an impact on your community.

6. Visit Cambodia or Kampuchea-Krom (Southern Vietnam).

Nothing compares to seeing the home of your parents and ancestors then visiting it in person and beholding the sights and wonders first hand. If I hadn't visited the Mekong Delta in 2005, I would have never believed that there were hundreds of Khmer temples in the Mekong Delta.



If you haven't seen Angkor Wat in Siem Reap, Cambodia, be prepared to be amazed at this archeological wonder built by our ancestors. You can also sign up for a tour company and support the locals. Image:

[Tourism of Cambodia](#)

Final Words

Remember this is just the start of your lifelong journey in finding YOU. Your Khmer identity is one part of you and with the right mindset and willingness to learn, I know you will be amazed at the richness of our culture, traditions and language.